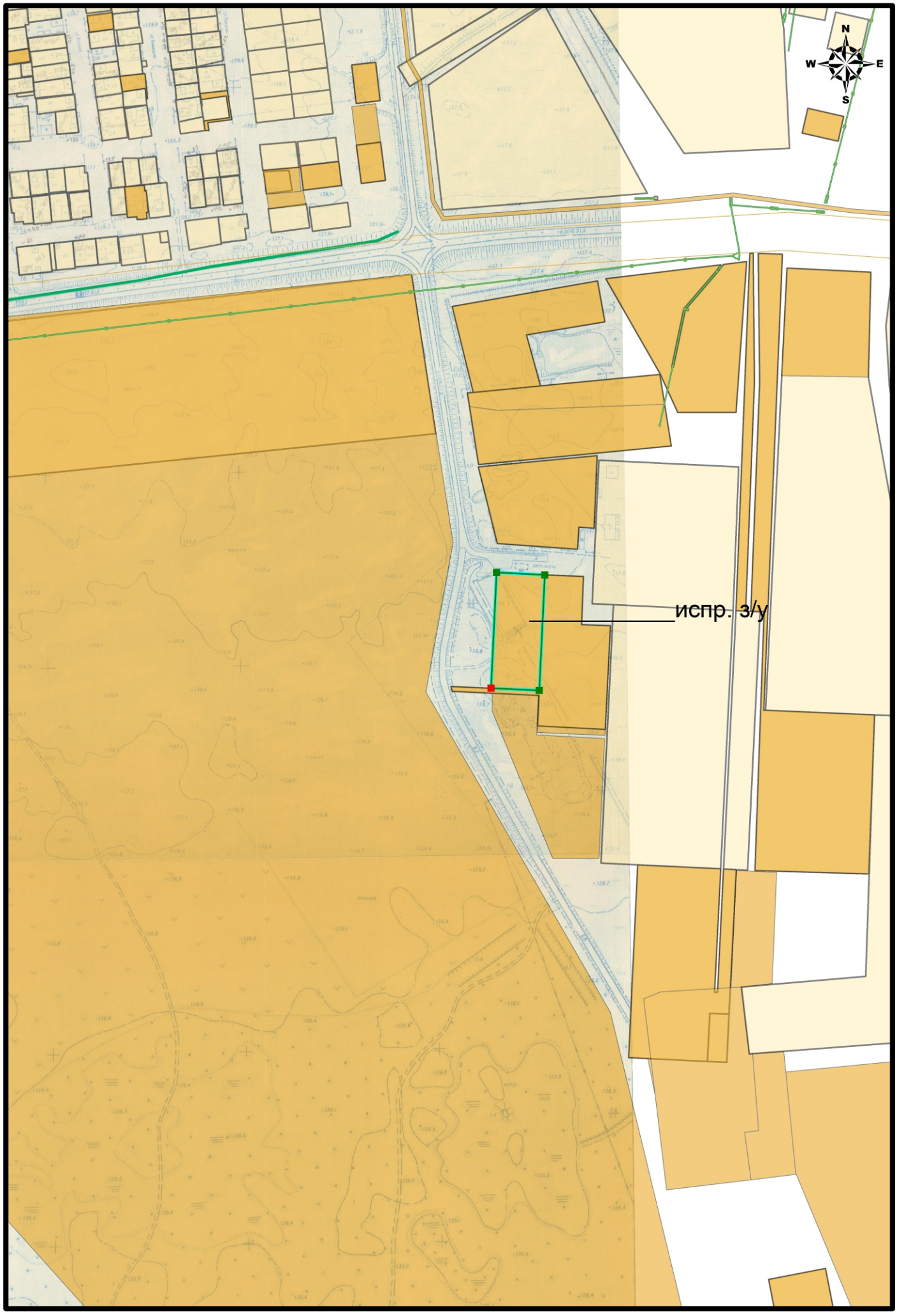M 1:5000